

Heartbreak to Heartburn

The Road to Emmaus • Luke 24:13–32

“Did not our heart burn within us, while he talked with us by the way, and while he opened to us the scriptures?”

— Luke 24:32 (KJV)

I. When Your Hope Has a Funeral *vv. 13–24*

- ◆ **“We had hoped...”** — three of the saddest words in Scripture. Past tense. Faith with a funeral.
- ◆ **Stuck between Friday and Sunday.** Loss has come; the breakthrough hasn’t. Saturday is the silent space where heartbreak lives.
- ◆ **Heartbreak comes from walking by sight, not by faith.** Sight cancels the promise; faith sees what God is doing even when you can’t.

II. The Stranger Who Knows Your Name *vv. 15–27*

- ◆ **Jesus draws near to walking-away people.** He didn’t scold them for leaving. He matched their pace and met them in the mess.
- ◆ **Sometimes God is closest when He feels farthest.** Their eyes were kept from recognizing Him — but He was already there.
- ◆ **The cross wasn’t a detour; it was the plan.** Beginning with Moses and the Prophets, every page was always pointing to Him.

III. Hearts Set Ablaze *vv. 28–32*

- ◆ **“Stay with us.”** The invitation that changes everything. Don’t pass me by — come into my house, my brokenness.
- ◆ **Recognized in the breaking of bread.** Truth explained warms the heart; the personal encounter opens the eyes. We need both.
- ◆ **The fire is lit by Jesus, not worked up by us.** Holy heartburn is fed by three things: prayer (walk with Him), the Word (let Him open it), and communion (sit at His table).

THE WHOLE MESSAGE IN ONE SENTENCE

Jesus specializes in taking people whose hope has had a funeral and setting their hearts on fire again.